

BabyBuddha Express Cups+ Insert Options														
Target Flange Size	Baby Buddha Inserts	Legendary Inserts	Lactation Hub Clear Comfort Inserts	Clear Inserts (Comparable/Identical to Lactation Hub)	Lozaeve Inserts for 24 mm Flange	Lozaeve Inserts for 28 mm Flange	Willow Inserts (Amazon)	Maymom Long Inserts	Maymom Short Inserts (comes in a variety of colors)	Nenesupply Inserts	MompMuir Tapered Inserts	Freemie Traditional Inserts	Begical Inserts for 28 mm flanges	Pumping Pretty Inserts
Fits 24 mm Flange	✓ - all but 26 mm	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓ - 23 and up will need larger 28 mm flange	✓	✓
Fits 28 mm Flange		✓			✓							✓	✓	✓
10 mm							https://a.co/d/6TdyGWJ							
11 mm			https://lactationhub.com/silicone-flange-insert-2-pc											
12 mm			https://lactationhub.com/silicone-flange-insert-2-pc											
13 mm			https://lactationhub.com/silicone-flange-insert-2-pc										https://a.co/d/qHi1qiS	
14 mm			https://lactationhub.com/silicone-flange-insert-2-pc	https://a.co/d/59mFL	https://a.co/d/iD7s1cf	https://a.co/d/0xuN4Gs	https://a.co/d/7y50jJC	https://a.co/d/12gHtu1						
15 mm		Comfortable Silicone Flange Inserts in Multiple Sizes Legendary Milk	https://lactationhub.com/silicone-flange-insert-2-pc										https://a.co/d/1ssmZAg	
16 mm			https://lactationhub.com/silicone-flange-insert-2-pc	https://a.co/d/7rks4Y	https://a.co/d/dSZOiur	https://a.co/d/11gGYBw	https://a.co/d/awOMq7q	https://a.co/d/i0wSODI	https://a.co/d/iqTBWp2	https://a.co/d/8KCgiYL	https://freemie.com/collections/freemie-cups-for-your-pump/products/fitmie-inserts-for-freemie-funnels			
17 mm	www.babybuddhaproducts.com	Comfortable Silicone Flange Inserts in Multiple Sizes Legendary Milk	https://lactationhub.com/silicone-flange-insert-2-pc		https://a.co/d/9TJ4VOM	https://a.co/d/4aEOOnNU				https://a.co/d/8KCgiYL	https://freemie.com/collections/freemie-cups-for-your-pump/products/fitmie-inserts-for-freemie-funnels		https://a.co/d/fW5cBqO	
18 mm			https://lactationhub.com/silicone-flange-insert-2-pc	https://a.co/d/4nKSdLE	https://a.co/d/6WCV0Ge	https://a.co/d/avA9gxu	https://a.co/d/1iEBPJ	https://a.co/d/iQ0KfnI	https://a.co/d/5WxhB6N	https://a.co/d/8KCgiYL	https://freemie.com/collections/freemie-cups-for-your-pump/products/fitmie-inserts-for-freemie-funnels	https://a.co/d/5TUMmEn		

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Fits 24 mm Flange	✓ - all but 26 mm	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓ - 23 and up will need larger 28 mm flange		✓
Fits 28 mm Flange		✓				✓						✓	✓	✓
19 mm	www.babybuddhaproducts.com	Comfortable Silicone Flange Inserts in Multiple Sizes Legendary Milk	https://lactationhub.com/silicone-flange-insert-2-pc		https://a.co/d/9rFaux2					https://a.co/d/8KCgiYL		https://freemie.com/collections/freemie-cups-for-your-pump/products/fitmie-inserts-for-freemie-funnels	https://a.co/d/dmXGmYu	https://a.co/d/fmr37HC
20 mm			https://lactationhub.com/silicone-flange-insert-2-pc	https://a.co/d/i0QnCCA	https://a.co/d/ftEHUbg		https://a.co/d/ckemLVd	https://a.co/d/hijQjh4	https://a.co/d/iM8RLPM	https://a.co/d/6eW2CZ5	https://a.co/d/1MCgpC9	https://freemie.com/collections/freemie-cups-for-your-pump/products/fitmie-inserts-for-freemie-funnels	https://a.co/d/hjWA10	
21 mm	www.babybuddhaproducts.com	Comfortable Silicone Flange Inserts in Multiple Sizes Legendary Milk	https://lactationhub.com/silicone-flange-insert-2-pc								https://a.co/d/8SJUTvB	https://freemie.com/collections/freemie-cups-for-your-pump/products/fitmie-inserts-for-freemie-funnels	https://a.co/d/iw9gkGW	https://a.co/d/iijyMnk
22 mm	www.babybuddhaproducts.com		https://lactationhub.com/silicone-flange-insert-2-pc	https://a.co/d/ep06TU9	https://a.co/d/8Q209FB		https://a.co/d/1gUNI20	https://a.co/d/cWfSBPM	https://a.co/d/bUDYxpY	https://a.co/d/6eW2CZ5	https://a.co/d/4Eok0Js	https://freemie.com/collections/freemie-cups-for-your-pump/products/fitmie-inserts-for-freemie-funnels	https://a.co/d/hpZ10sp	
23 mm							https://a.co/d/eK5wA5D				https://a.co/d/8me2uDG	https://freemie.com/collections/freemie-cups-for-your-pump/products/fitmie-inserts-for-freemie-funnels		
24 mm	Flange Sold with Cups www.babybuddhaproducts.com											https://freemie.com/collections/freemie-cups-for-your-pump/products/fitmie-inserts-for-freemie-funnels		
25 mm												https://freemie.com/collections/freemie-cups-for-your-pump/products/fitmie-inserts-for-freemie-funnels	https://a.co/d/3GpQt3O	

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Fits 24 mm Flange	✓ - all but 26 mm	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓ - 23 and up will need larger 28 mm flange		✓	
Fits 28 mm Flange		✓				✓						✓	✓	✓	
26 mm	www.babybuddhaproducts.com					https://a.co/d/b7KJJRR						https://freemie.com/collections/freemie-cups-for-your-pump/products/fitmie-inserts-for-freemie-funnels	https://a.co/d/2LvldIA		
27 mm												https://freemie.com/collections/freemie-cups-for-your-pump/products/fitmie-inserts-for-freemie-funnels			
28 mm	Flange Sold with Cups www.babybuddhaproducts.com														