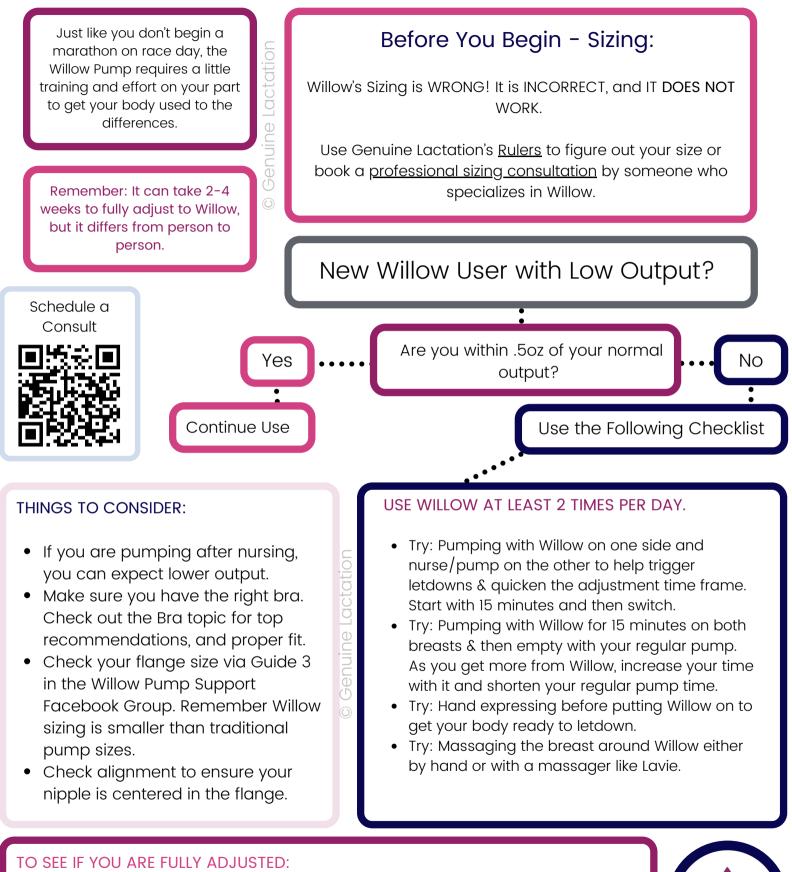
## The Willow Pump Adjustment Protocol for New Users



- Double pump (put one pump on each breast) with Willow like a normal pumping session.
- Follow up with your other pump & check if you're empty.
- If empty, continue trying like this for 3-7days.
- If you are consistently emptying with Willow without needing to follow up pump/nurse, then, Congratulations! You are Fully Adjusted!

